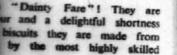
dnesday. August 21st, 19

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: Vital to step a drop in Take every step prote a fer your S MESSAGE ER FIGHTERS IS GE TION useful silage can still be made. Top-dress aftermath with 1 to 11 cwt. S/A per acre. Each acte of rensonably goo grass should yield about 3 top silage — more if top-dressed. If you can't get a allo, make sila ? n .1 mo. pit or si If Apriculture Enterthe its!



Wednesday, August 21st, 1946. SPECIAL NOTICE I am transferring my business to Messrs W. and W. Jackson on August 27th The Shop will be Closed for stocktaking Monday and Tuesday Next **Ernest Watson** 42, GALGATE, BARNARD CASTLE. Tel. 114 ********* TREACLE SCONES are delicious **AND** very little fat is wanted Rub the fat into the flour, add salt and sugar. Make a well in the centre of the flour and add the INGREDIENTS treacle (which should be soft) and 8 ozs. Hindhaughs Self-Raising Flour. milk. Mix to a firm dough and roll out to ". Bake on a greased tin in 1 oz. Margarine or Cooking Fat. a hot oven for 12 to 15 mins. This 1 oz. Sugar quantity makes nine or ten scones. Pinch of Salt. 100 more Recipes in the Hindhaughs 1 tablespoonful Golden Syrup Wartime Cookery Book: Send 2d. stamp for it to address below. HINDHAUGHS Self-raising FLOUR Hindhaughs Ltd., 38 Cloth Market, Newcastle-upon-Tyne, 1. States of the states of the states Give beauty and light, quickly and more easily.

to your brass and copper

THE TEESDALE MERCURY.

of drink. He pleaded not guilty.

GRINTON FEAST SPORTS. DARLINGTON MAN BEFORE GILLING MIDDLETON HORSE THROWS RIDER, WEST MAGISTRATES.

sergeant.

BOLTS THROUGH ENTRANCE GATE. GALLOPS THROUGH FREMINGTON AND

REETH

CAUGHT ON THE ARKENGARTHDALE ROAD.

Fine weather brought a large crowd to the Park field, Grinton, on Saturday, where in this beautiful setting Grinton Feast Sports were held. Entries were good, although of ten entrants for the 11 mile trotting handicap, only four ran, and of the 13 entrants for the 13 mile hurdle handicap, only three ran. Excitement was caused in the hurdle handicap when Harvest Lady, Middleton, threws its rider and botted. Crashing through the entrance gate it galloped through Fremington and Reeth and was caught on the Arkengarthdale road. Arkengarthdale Brass Band, under Mr J. Woodward, was in attendance. Refreshments were served by the ladies, Mr A. Scarr was president of the event, with Mr F. N. Brown chairman. Mr F. G. Barkas acted as hon. secretary, and Mr A. A. Scarr hon, treasurer, along with a strong committee. Resulfs :-50 yards flat race for girls 10 years and

under-1, Margaret Dinsdale; 2, Elsie Coates; 3, Ella Pounder. 50 yards flat race for boys 10 years and under-1. Norman Brown; 2. A. Leadbeater; 3, Roland Wood-ward. 80 yards flat race for girls 16 years and under-1. Brenda Hunf, Marrick; 2, Margaret Hutchinson, Healaugh; 3, Joyce Lambert. 80 yards flat race for boys 16 years and under-1, George Ellis; 2, David Woodward ; 3, James Meynell. 100 yards foot handicap (open)-1, M. Watson, Masham; 2, F. Dowson, Leyburn; 3, A. Willis, Preston-under-Scaur. 220 yards foot haudicap (open)-1, A. D. Percival, Shildon; 2, C. Mason, Hawes ; 3, F. Dowson, Leyburn. Mile foot handicap (open)-1, J. W. Meynell; 2, R. H. Bainbridge; 3, J. R. Metcalfe, Barningham. Tug-of-war (teams of eight)--1, Grinton; 2, Arkengarihidale. Pillow tight--1, L. Hunter, Redmire; 2, S. Templeton, Low Row. All-weight wrestling, Cumberland and Westmorland style-1, J. Sowerby, Hudswell; 2, A. Raw, Grinton: 3. J. Raw, Grinton

Horse Events.

Potato race-1, J. B. Ketilewell, Leeming Bar; 2, S. Bainbridge, Marrick Abbey; 3, A. Dodds. Musical chairs-1, J. R. Kettlewell; 2, S. Bainbridge ; 3, A. Dodds. 13 mile trot-ting handicap-1. W. Coates, Brompton-on-Swale, "Minto Lad"; 2, T. T. Bainbridge. East Layton, "Jenny"; 3, P. Burn, Barton, "School Boy." 12 mile hurdle handicap-1. W. Chappellow, Clifton Dykes, Penrith, "Rusholme"; 2, J. R. Kettlewell, Leeming Bar. Mile gallop handicap--1, W. Coltman's "Flica"; 2, Grieves and Jewitt's "Harvest Lady"; 3, R. Rebank's "Rectory Boy." well attended dance was afterwards

held in the Constitutional Club Room, Reeth. Mr E. R. Hunt, Mr R. Bainbridge and Mr J. Peacock were M.C.'s.

COVERDALE FARMER DRAGGED TO DEATH BY HORSE.

TRAGEDY RECONSTRUCTED AT INQUEST.

A rotten piece off a gate and some rotten pieces of saddlery were exhibits at Bridge End Farm, Woodale in Coverdale on Saturday at the inquest upon Mr John Hammond (78) a web known farmer, who was born in the hamlet and dragged to his death on Friday morning by his favourite mare, a quiet 13 year-old animal, which had never before taken fright. Dr. F. R. Eddison, Coroner for the North-Western division of the North Riding of Vorkshire, conducted the inquest. deceased, employed on the farm, stated that at 10.15 a.m. on Friday he told his father he was distance from the farm, his father said he would follow on the black mare. Witness geared the animal with blinkers, neck collar, hames, chain tracings and backband, in preparation for yoking the mare into a horse rack at the hayfield. Witness said his father would travel about quarter of a mile on the roadway and should have entered the hayfield by a gate, at which the accident seemingly began, but witness did not see it. About 10.45 a.m. Mr Peter Clarke, a neighbouring farmer called to him and he saw his father some 200 yards away from the gate, lying unconscious on the roadway, he was much bruised and had severe injuries. He died within a few minutes. In reply to Police Inspector Thomas of Leyburn, he stated that his father had often ridden the mare both with and without a saddle and that the animal was very quiet; his father had been in good health and he thought it probable that he had over balanced when endeavouring to open the gate to the havfield. Mr Peter Robert Clarke, farmer of Woodale recalled seeing deceased riding the mare along the road and noticed that his legs were then clear of the chain traces ; a short time after wards he heard a horse galloping towards Bridge End Farm ; he tried to stop it but failed The chain traces were then trailing on the road and occasionally hitting the mare which further frightened her. He went in search of Mr Hammond and found his stick and hat 20 yards away from the gate he had intended to enter; deceased was on the road 200 yards away, he was very seriously injured and unconscious; he did not recover and died shortly afterwards. His coat had been pulled tightly around his head. Witness shouted for Mr T. H. Hammond, who was making hay some distance away. Police Sergeant Frank Ackroyd of Leyburn, ably reconstructed the tragedy. He produced a piece of rotten wood about six inches in length, the top of a perpendicular bar of the gate deceased had tried to pull open. As this piece of gate broke the Sergeant thought deceased would slip and that the bars might pull away; as he did the somewhat rotten back band might have broken (it was produced at the inquest in two pieces) and it seemed probable that deceased slipped off the animal's back. Dr. G. Cockcroft said he had known deceased for 40 years, in his opinion he died from violence applied to the vertex of the skull the wounds were consistent with deceased being dragged along a wall and roadwayabrasion on ankle suggested he might have had a leg caught in the harness. The Coroner returned a verdict of death from misadventure

A REETH DISTURBANCE. BARNARD CASTLE WEDDING.

HARVARD-METCALFE AT TRINITY CHURCH

At Gilling West Magistrates Court, Rich-mond, on Saturday, John Norman Blake, taxi proprietor, of 56. Fawcett Street, Darpretty wedding was celebrated at the Barnard Castle Trinity Methodist Church on Saturday between Major William Norman Harvard, only son of Mr and Mrs Harvard, 85, Merivale Road, lington, was summoned for being in charge of a motor vehicle whilst under the influence ncester, and Miss Christina Marjorie Metcalie Gle youngest daughter of Mr and Mrs E. A. Metcalfe Supt. Thornton said on the night of Aug-ust 3rd at 9-35 p.m., Sergt. Wright, of Reeth, of 3, Kirk View, B rnard Castle. The bridegroom a major in .he Royal Welsh Fusiliers, is about to was called to a disturbance outside the Black resume his duties as language master at Warrington Boy's School. The bride has been a member of Bull Hotel, Reeth, and found that Blake had been ejected from the hotel. Blake was the staff of the Barnard Castle branch of the told to go away quietly, and said he had a Yorkshire Penny Bank, and is both a well-known car and was alone and that he was going

and popular figure in the town. The bride who was on the arm of her father, wore a bridal dress of white French cloque with to drive back to Darlington. The Sergeant warned him that he was not in a fit condition to do so and was restrained by the veil surmounted by white camelias. She carried a bouquet of white carnations and white heather. The bridesmaid were Miss Margaret Metcalle, Harry Stott, of the Hotel, said Blake was there at 6-30 p.m. and asked to have the use (Darlington), cousin of the bride, and Misof a bathroom. He was in a dirty condition Margaret E. Brown (a friend). They wore full with his hands, etc., and was told guests length green crepe dresses with headdresses of gold were using the place and it could not be and green leaves and flowers, and carried bouquet done. At 9-30 p.m. witness was in the bar of tea roses.' They wore silver bracelets, presents when his attention was called to defendant, of the bridegroom. Mr Eddie Shuring was the best man, and the Rev. J. D. Coutts, officiated who was arguing with men playing dominoes, and wanted to gamble, and was told it The reception was held at the Black Horse Hotel, was not allowed. It was alleged that Blake and the honeymoon is being spent in the South. The bride travelled in an olive green and ian tweed suit with accessories to match.

STAINDROP BRIDE.

APPLETON-LILLEY AT ST. MARY'S CHURCH.

A very pretty wedding of local interest took place a the St. Mary's Parish Church, Staindrop, on Saturday, uniting in marriage Mr Raymond George Appleton, son of M George Appleion, Jubilee Terrace, Topcliffe and Miss Beatrice A. Lilley, daughter of Mrs R. Lilley, of Staindrop. The bride, who was on the arm of her uncle, Mr H. Lilley wore a bridal dress of heavy pearl satin trimmed with silver lace, with veil of old Brussels lace, and head-dress of orang blossom with seed pearls, and white Indian sandals. Her bouquet was or dark red carnations and tern, with a spray of shamsent to the bride from Ireland.

The bridesmaids were Miss Doris Lilley (sister of the bride); Cpl. Dorcen Inder-wood, of the A.T.S. (a friend of the bride) Miss M. Lord niece of the bridegroom); and the maid of honour, Mrs C. Lund (bride's sister). There were also two small attendants, Miss Fay Jackson and Master Derek Lund (bride's nephew)

Miss Lilley wore a dress of turquoise blue safin with lace ; Cpl. Underwood, a dress of ice blue taffeta; Miss Mona Lord, ice blue taffeta; Mrs C. Lund, shell pink; Master Derek Lund wore a heavy white satin suif; and Miss Fay Jackson a long white crepe dress.

The duties of best man were carried out by Mr C. Lund (the bride's brother-in-law), and the groomsmen were Mr Russell Lilley L/Cpl. Eric Lilley (bride's brothers), and Mr Leslie Pearce, friend of the bridegroom. The ceremony was at St. Mary's Parish Church, the Rev. Thompson, Cockfield, officiating. As the happy couple left the church the bride was presented with lucky burseshoes by the small attendants and the bridegroom's niece. A reception was held at West End, Staindrop, and later the couple departed on their honeymoon which is being spent at Steeton, near Leeds. The bride's travelling ensemble was a brown checked costume with matching accessories.

CORRESPONDENCE.

MIDDLETON LABOUR PARTY MEETING. A REPLY.

of the Tresdate Mercur





I never have any sick of us and can always get them over the moult in 6 weeks. I have actually had them lay all through the moult and I get over 200 eggs a year from all my birds." Get Karswood Poultry Spice (wonder egg-producer) from Corr Dealers in packets, 71d. and 1/3d

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without Calomel - and you'll jump out of bed in the morning full of vim and vigour

bed in the morning tuil of vim and vigour The liver should pour out two pints of liquid bile into your bowels daily. If this bile is not flowing freely, your food doen't digest. It just decays in the bowels. Gas bloats up your stomach. You get con-tipsted. Your whole system is poisoned and you tot sour, sunk, and the world looks punk. Laxatives help a little, but a mere bowet move-ment doesn't get at the cause. It takes those good and Carters Little Liver Fills to get these two pints of bile dowing freely and make you feel "up and up." Harmless, genile, yet aming he making bile 'you freely. Ask for Casters Little Liver Fills Stubbeenly refuse savainag cles. It and US.



little more natural. Believe me, you will look just as pretty. My strict orders, then a simple, natural holiday spent in the open air and in the water, and resting on your back. ADVANCING AGE.

Just a kind, tactful and friendly word to those who are beginning to grow old and do not like it, and ask the doctor to make them not like it, and ask the doctor to make them young again. Clever as I am, I cannot stop the march of time. The indignation of men of forty-five, fifty and fifty-five who find they cannot do what they did when they were younger is pathetic; it is also futile. People exclaim, almost shout at me: "Bua I never had such a thing in my life! ' when I have

attempted to strike an old man and wanted) fight and was eventually ejected. Sergt. Wright gave evidence, also Dr. Speirs, who said he examined Blake and concluded he was not in a fit condition to have control of the car. Blake said he had been to Gunnerside and called at the hotel and had Iwo drinks and another and was not allowed to drink He alleged he was seized by the landlord and pushed through the door. When

got outside he called the police sergeant and complained to him about being put out of the hotel. He said he did not make for the taxi, as stated by the police. He agreed he was annoved and said it was ridiculous to say that he wanted to fight. Mr D. Waite, defending, said Blake never tempted to get into his car and it was defendant's word against that of the ser-

geani's. There was no independent evidence. Major G. H. Cradock, Chairman, said the magistrates concluded that a charge against Blake had not been rightly framed and in dismissing the case Blake was told he was very lucky to get off. It was entirely on a question of a legal point.

A RESTFUL HOLIDAY My advice for the jaded worker is to have

My advice for the jaded worker is to have a restful holiday rather than a round of sight-seeing. You will get no real rest by visiting the endless succession of museums, picture galleries, cathedrals, and tombs. My advice to you is to initiate the common or garden cow. The cow spends much time in eating and sleeping and lying about in the fresh air. The cow does not quarrel or wrangle, or talk unkind scandal about her neighbours. She does not with her friends neighbours. She does not vie with her friends in wearing showy clothes; the cow is natural in all her ways, and does not try to improve on nature by painting herself a different colour. Really, young ladies, 1 am sometimes shocked in my old age to watch you on the esplanade with a complexion that does not owe its colour to healthy sunburn. Do he a little more natural Releva we you will leave





Children's Sports.

Coun. G. A. Carter presided at a meeting of the Whitsuntide Meet Committee at Barnard Castle on Tuesday evening, when it was unanimously agreed to entertain all the children of Barnard Castle and Startforth to sports on the football field on August 27th. The bulk of the events will be for children of from 7 to 14 and will include flat races, three-legged races, an obstacle race, wheelbarrow races, and a skipping competition. There will be high jumps for boys and girls from 14 to 16, a quarter-mile and half-mile, at which the age limit will be 14, and a mile race for yoys who have not attained the age of 17, at which vouchers for £1, 15s. and 10s. will be given. There will be a novel race for errand boys on cycles. Entries will be free and will be taken on the field. The Lady President, Mrs G. A. Carter, will present the prizes. She will generously give ice cream to the children. It is hoped to provide the children with light refreshments, and in view of the rationing, gifts of sandwiches, cakes and biscuits will be welcomed. They should be left with Mrs Jones, 16, Thorngate ; Mrs Oliver, c/o Mr Jackson, grocer, Market Place; Mrs E. Raine, c/o White Swan Place ; Mrs E. Hotel, Startforth.

explained to them that they have some change in their systems that is due to advancing years. They might as well complain, when hair turns grey, that they never had a grey hair before in all their lives. Or they may shout at me, when they reach the age of sixty, that they have never been sixty before in all their lives, which is perfectly true.

HINTS FOR BATHING.

Before you go into the water to bathe at the seaside you should have the wax syringed out of your ears. I have to irreat every years people who come to me suffering from deafness after bathing; they generally think that some water has got into the ears and cannot get out. The truth is that a piece of hard dry wax has become swollen up by the action of the water to twice its size, and forced right down to the drum of the ear by the pressure of the water when diving. It gives a most uncomfortable sensation of deafness or dizziness, and the treatment is to have the wax syringed out. You can never de it yourselves : please do not try, for either you do not syringe hard enough, or you do it too hard and injure the drum; it is far safer to have it done by an experienced doctor. Above all, do not poke about in your ears with tooth-picks, hairpins and other instruments of torpicks, nairpins and other instruments of tor-ture; it is most dangerous, and many a drum has been permanently injured by such foolish practices. If you are deaf in one ear, or have noises in the head, the probable cause is war in the ear. Warm a little almond oil or medi-cinal paraffin-just pour a little into a teaspoon and hold it over the flame of a candle for a second or so, he ware marked by the little into second or so-be very careful not to let it be-come too hot-and pour it into the ear at bed-time. Do this for three or four mights before you have the ear syringed.

WARNING AGAINST OVERWORK.

WARNING AGAINST OVERWORK. There are some who think they can best serve their home or their country by taring their strength beyond its powers. Work has to be done, the sick ones have to be nursed, rent has to be paid, and most of us have to work hard. But I have to lodge a protest against the voluntary assumption of tasks which the body is not able to cope with. A wi-c man knows the limit of his physical re-sources, and keeps within it. Here am I having sources, and keeps within it. Here am I having to treat men who are suffering from exhau-tion, and there is nothing for it but to order The man who works steadily and reasonably for six months, taking care of himself, has done far more for his home and country than the man who works with feverish energy far three months and then collapses. If you want to get the best out of yourself, take time off to ecuperate, and cultivate some hobby which will take your mind off your work when you do get away from it.

ALL ABOUT THE " FUNNY BONS,"

It is interesting to recall what a compli-cated thing the apparently simple movement of a finger is. Every finger contains a skeleton of bone. To the bone is attached a tendon or leader; it is stuck on like seaweed is stuck on a rock. The other end of the tendon is attached firmly to a muscle which can contract and lengthen at will. The will is carried to the muscle by a nerve, a thin thread, very delicate and sensitive. You may know that a nerve is sensitive by remembering that time you struck your "funny-bone." At the back of the elbow a large nerve runs over the bone, and when the nerve is pinched between the hard bone and the edge of the kitchen dresser it sends a shock up the arm. But the hard bone and the edge of the kitchen dresser it sends a shock up the arm. But the nerve does not end the story; some more chapters have to be written before we understand the true mechanism of a movement of the finger. The nerve comes from the spinal cord, which is tucked safely away inside the bony columns that runs down the back. Look at the nerve skeleton you see in a museum. This spinal cord is, of course, a very important structure. If it is cut we may not die, but we are para-lysed in every part below the injury. .

su,-A a public demonstration of the minuteton-in-reesuale Socialis, Pariv held on Sainroay, 17th August, winch was sparsely accended, Mr B. Ewarr, the M.P. for Sunderiand, spoke and made certain assertions in his speech which I think need claritying. ,

Mr Ewart in his speech stared :-"In june, 1945, the Labour Party was determined to make a fundamental change, and to do this it must have complete control of theconomic forces of the country . . . The idea is to effect the change, and then examine the results.

a submit that here we have a Socialist Member of Parhament publicly stating that this country must submit to a Dictatorship, for ideals, which even the Socialists are not certain will be benchicial, and if we may judge the results to-date, show that the principles of Government on which they are working, are all complete failures. Finally, Mr Ewart alleged : "That the Conservative Government and not take the opportunity of putting into practice the National Insurance Scheme outlined in the Beveridge Plan. Probably they had never any intention of doing so after the election." May I answer this false allegation with some facts, which will speak for themselves. A Conservative majority in 1944 introduced the enlarged and unified scheme of National insurance, which covers the whole popula-The Ministry of National Insurance tion. Act, 1944, was the first of a number of measures to implement the plan, and this was fne crowning achievement of many previous Acts passed by Conservative majorities.

There can never be any doubt that had a Conservative Government been in power now, that they would have put into practice the National Insurance Scheme for which they had so long worked, I feel the public should know how the

cialists are using plausible distortion of facts to bolster up their fast declining morale. Yours faithfully,

A. HILLS. 42. Horsemarket, Barnard Casfle,

19th August, 1946.

Junior Training Corps Camp.

Following the C.L.B. camp, the members of the J.T.C. went on Saturday. August 10th, Hexham to join with the rest of the 2nd Durham Battalion in camp. The camp was commanded by Major M. Aulard. In spite of the rain at the beginning of the week, a good time was had by all members present. The football and cricket cups were won by Sunnybrow, and the sports cup by Bishop Auckland. On Thursday, August 15th, the camp was inspected by Capt. Berriman, who fook the salute at a march past and also watched a display of P.T. The camp also had three visiting companies in camp with them-Blaydon, South Shields, and Kelloe. The Barnard Castle Company were in charge of Major Adlard, the Rev. Banks, and C.Q.M.S. M. Woodhams.



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