#### LOCAL AND OTHER NOTES.

in bealth.

Darnard is seriously indisposed, but the was presented on Friday that she was presented satisfactority.

The Lord Hishop of Ripon has give effons to a commission to make In boundaries of Kirkby Ravensworth and gham as they affect each other.

A famous Headmaster, with local associations and in Lundon, on Sunday, in the person of rebendary Henry Whitehead Moss, who was becomester of Shrewsbury School for 42 years. The deceased gentleman was born at Lincoln in 1841. In 1887 he was made Probendary of reford Cathedral, and married Mary bur daughters. During the vicariate of the Rev. J. T. Penrose, the deceased for a time esupied the vicarage in this town.

Miss Metcalfe, only daughter of Mr and Mrs bearing the war as organist at Braingham Parish Church. This young answering lady is proving to be an accomplished musician, manipulating the padals and stops with great skill, and bringing the quality of this beautiful organ.

The funeral of the late Mr A. W. Monk, for many years secretary and managing director of the West Auckland Brewery Company, and whose death occurred at Percy Gardens, Tyne nouth, took place at West Auckland. sed gentleman was well known at Barnard

The far-reaching comradeship and influence of the North Eastern County School has just been exemplified at Aldershot, where Mr Frank Illsley is Cationed, as a dispensing chemist in the Royal Army Medical Corps. No sooner had our townsman arrived than he met a school companion an "old boy" from the famous middle-class school.

Yesterday's bulletin shows that Lady Barnard's health is improving, but, for the resent, the greatest care is necessary.

The induction of the Rev. W. Callender Wake into the assistantship of Union Church, Islington, London, will take place at morning prayer on Sunday, February 4th. The service will be fully choral, and will be conducted by the Rev. C. J. Barry, M.A. The well-trained choir of the Union Church will render musical Items. The morning attendance at this Munconformist Cathedral is about 600.

Lieutenant-Colonel H. C. Watson has been spending a few days at the Mount, Barnard

Mrs J. W. B. Heslop, of Startforth Villa, progressing favourably towards recovery.

In the storm foxes are becoming audacious in their depredations, and are worrying poultry wite near the town.

Lord Barnard's second son, Captain the Hon C. W. Vane, of the Veomanry, has been at home con leave for a week, looking extremely well. on leave for a week, looking the left Raby on Saturday on his return to

There are the names of forty-four men on the artforth Parish Church roll of honour.

The Rector of Hokeby says that to waste thing, to save in everything, and to lend to the country all you can is national service.

Private C. Atkinson, Londings, Startforth, of the Durham Light Infantry, who has been in France for 17 months, and has been doing ambulance work. is spending a short leave of ence with his parents.

The Vicar of Laithkirk offers the great ympathy of the parish to the parents and relatives of Maurice Jackson and Jack Smith the have made the great sacrifice for their

Private Joe Gray, Bank, Barnard Castle, of the York and Lancaster Regiment, who has moved in France for about two years. has arrived home on a few days' leave of absence.

Linst week, Corporal A. E. Fox, only son of the late Mr L. A. Fox, and of Mrs Rudd, Startforth, left Catterick Training Corps for France. All our best wishes go with him, and es of a speedy return.

A war savings' association is to be started

Private Albert Evans, Thorngaie, Barnard Castle, of the Durham Light Infantry, has arrived from France on a short furlough.

His Officer and Chaplain both testify what a he young soldier Lance-Corporal Donald was while the people of the district honour him as the first Bowes lad to give his life in the war and their heartfelt sympathy goes out to his parents and other friends in their sad loss.

The directors' report and balance-sheet of Tesdule Associated Farmers. Limited, for the half-year ending December 31st, 1916, has int been issued to the shareholders, and inder the able secretary and manager, Mr A. a. Wilson, a gratifying financial statement is made. The profit brought forward from last last-year was £285 17s., which, added to that the half-year ending on the 31st of the half-year ending on the 31st of comber last, £274 2s. 10d., makes a total cont for one year of £550 19s. 10d. There are other highly satisfactory features in the

"Prayer is the adjusting of life's compass to the will of God, and is the very life breath of the coul. It is the shield of the Alunghty, and scourge of the devil and is the power to man," said the Rev. W. Cullender Wake, on

death is announced at Simonstone Hall. Hardrow, Hawes, Wensleydale, of Mr Harker, auctioneer, formerly of Gordon and Bede-terrace, Barnard Castle in the staff of auctioneers at the mark Castle and Teesdale Auction Mart, for twenty-five years the well-known had been connected with the North balleton. He was for a long time on the hallering. He was for a long time on the . and there was no more writte su

The remains of the late Mr Geo. Harker were laid to rest, on Saturday last, in the beautiful and quiet cemetery at Hardrow were amidst every token of respect and sympathy of a great number of friends, including many from a distance. Numbers who were prevented attending the obsequies sent tokens of kindly regard. The late Mr Harker was widely known and much respected in the north, and his death will be felt by his numerous friends.

Henderson, M.P., speaking at the North End Hall, Croydon, said: If we went forward in the spirit, of steadfastness and endeavour, then he believed victory would be ours, and that even this year might witness the inauguration of peace.

Yesterday morning, at a special sitting of the Barnard Castle Police Court, before Mr J. G. Hall, a young soldier, named William Parker, was charged with being an absence from the Durham Light Infantry. The accused confessed to having stuyed over his leave. Parker, who is a native of Northallerton, has a sister residing at Mortham Tower. The young fellow has been badly wounded in the arm in France, but has completely recovered.—P.C. Clarke arrested the youth.—He was remanded to await an escort.

Private W. Emerson, Wesley-terrace, Bank, Barnard Castle, who has been doing foreign service, is spending a few days' leave of

Corporal J. W. Walton, of Stainton, who has eeu on active service with the Northumberland Fusiliers continuously for a period of one year and seven months, has been wounded in the shoulder, and is now lying in a base hospital in France.

The Zetland foxhounds will meet on Thursday at Easby, and on Saturday at Heighington. each day at eleven o'clock.

Lambs are beginning to make their appearance in the lowland farms in Wharfedale.

Teesdale has been snowbound for more than Appealing for his son at the Carnarvonshire

tribunal, a father said that another son was serving his country-in an American munition ----

Yesterday there was no coursing at Piercebridge.

The Honorary Secretary of Lady Anne Lambton's Durham County Work Depot begs to acknowledge with thanks the receipt of garments, etc., from the following Gainford men and Gainford and District Branch of Queen Mary's Needlework Guild Ger Mrs Joseph Pease).

Woodcock are extremely plentiful in Devonshire this year.

It is officially announced that an Agricultural Machinery Branch has been set up in connection with the Board of Agriculture to deal with the manufacture of agricultural machinery and implements-classed as

Mr George Nixon, son of Mr and Mrs Nixon. Flatts View, is armourer staff-sergeant, and not acting-sergeant as stated in our last issue.

Private Joe Hoggett, Wyclific, of the Royal Field Artillery, who has been at the front, is spending a short furlough at home; and Private John Hoggett, of Low Startforth, Barnard Castle, of the Northumberland Fusiliers, left his native place on Monday after a short leave of absence.

Private A. R. Stiles, of Barnard Castle, has been home on six days' leave of aissence to see his parents, and looks quite smart and well. He left by an early train on Saturday morning for a Midland camp.

The Suggestions Office of the National service Department has issued a letter to the drapery trade "suggesting" that credit accounts as between the retail trader and the public should be temperarily discontinued.

#### Bishop of Peterborough's Example.

The Bishop of Peterborough has given nstructions that no flowers are to be planted n the Palace gardens this season, and vegetables are to be cultivated instead.

#### Miss Mary Anderson back to the Stage.

Miss Mary Anderson is to make a re-appearance or the stage for one wear, beginning on January 20th. At Shell has portunded her to Juliet " at the London Collision for charierble

# Food Controller's Conferences.

Vasterday, Lord Deventors, the Food troller, meta deputation of all cake makers. It was one of a series of conferences which so le holding in order to obtain vital information

#### LOCAL WAR EMERGENCY COMMITTEE MEETING.

#### The Coming Entertainment for Children.

A meeting of the members of the Barnard Carete War Energy Commission was held on Warnarday night. Mr F. J. Wilson, J.P., presided, and there were also present Mrs. Winpony. Mrs. Walton, Misses Railton, Appleby, Walton, Barker, Mesars R. B. Morton, G. Buet, J. E. Dont, H. Walter, J. Lynn, J. Guy, G. Buet, J. E. Dont, H. Walter, J. Lynn, J. Guy, D. Chadley, J. R. Arrowsmith, J. J. Quinnen, C. Hedley, J. R. Arrowsmith, J. Wiseman, and J. I. Dawson (clerk).—The Clerk repeated that he had received au fficial acknowled sman that the Christmas gifts seet so local soldiers abroad had been duly received and distributed.—Mr Dawson also read a letter from blank Prace thanking the honourable members of the committee and the charitable souls of the locality for the pollanterpy extended to themselves as refugees, and expressing their sincere gratitude, while wishing at the late neily season a happy Christmas and prosperous New Year to all. The Clerk also said no had two cards from Madame Guissmaert and the Beek family. showing that they had not forgotten the efforts or the committee. - Mr Hedley moved, and it L'algian friends b. entered upon the minutes. A number of accounts were ordered to be tald, and the Lanies' Committee and several gentlemen reedy to asset were taked to remain norder to push forward the proposed children's entertainment, a fear being expressed that the function might become helated.

PIGS ARE OFTEN TROUBLED WITH WORMS. Thurley's Norm Powders will clear sems. Sold in Carters containing 6 Powders. ad., by Asente in all pacts; or by post 12 Panders, 1/1; 96 Foreigns, 6/3, on specify of combinates by Joseph Thurby, Limited, King's

HVERY WOMAN the 222 send two samps for our of page littletrated Book one sending valuable information how all irregularities and a many section and wouldn't removed by simple a more disconnected by surpart Physicians so the only of a server, and generics remody. According to Macronials. Tomands of Macronials.

FIG ESERSES WHO WISH THEIR PIGS to pe a shawid and a Condinant Thorley's Food for Cartie; keeps Rigu theifty. Sold in Cases con taining 56 packets, Five Shillings, by Age win in all parts.

MR PAUL BLANCHARD CLAREMONT HOUSE, DALSTON LANE, LONDON

YOU SHOULD NOTE THE FACT that your fowls will be healthier and lay more Eggs if you give them a sprinkling of Ovum Thorley's Poultry Spice in their soft food. - Sold by the Successors of A. E. Barker, Corn Merchants, and Reay Rappard Castle.

# The New War Loan. MAIN POINTS SIMPLY EXPLAINED.

The following paragraphs explain in a meson, stripped of tacheicalities, the main points of the new Was Lose. The Loan is of two kinds: in fact it might be said that there are two Losses.

The interest on the first one is subject to Income Tax: that on the second is not, except, of course, that these investing in the second are liable to Super-tax if the amount of their income so requires. The first of the two Loans may be subscribed for either through the Past Office or through banks, and the second through

Paragraphs (a) and (d) refer to subscriptions

(a) The Loan Subject to Income Tax. 1. Interest on this Loan will be paid at the ale of 5 per cent. The Loan is issued at 295 per sone, ... every £100 week of stock casts £65 only. This real means that the interest on the solutional invested works out at man; if per cent. Surtain, taking into account the fact that £100 will ultimately be repaid for every £95 invested, and the actual interest

works out at 25 6s. 10d per cent.

2. Payment may be made by lestalments as follows: 5 per cent. on application, 15 per cent. on March 23rd, and 20 per cent on April 18th, May 9 hand May 30th.

3. The first divided will be paid on the lat June this year. Its amount will be 21 8s. 9d. per cent on fully paid allotments, and 11s. 10d. par cent, on elletments which have been paid by instalments. Interest will theresifier be neld on every following December 1sa and Jane 1st.

4. The Loan will be rapaid at par on the lay June, 1947, but the right is reserved to repsy it, on three months' antice being given, on any date after June 1st, 1929.

(b) The Loan Free of Income Tax,

1. Tais Loan will be issued at £100 per cent., is. 2100 worth of Stock will cest exactly 2100, and the interest will be 24 per cent.

2. Payments may be made by idetalments as follows :- 5 per cent. on application, 15 per cent. on March 2nd, and 20 per cent. on March 23rd, April 18th, May 9 h and May 80th. 3. The first dividend will be paid on april 15th on fully paid allotments, and will amount to 12s. S2. cer cent. The first dividend on money paid in by instalments will be the full half year's dividend, payable on October 15th

of this year.
4. This Loan will be repaid at pur on the 15th October, 1942. The right is reserved, however, to repar it, on three months' antica being given, on any date after October 15th.

1929 (c) Conversion of War Securities of Earlier issues into the New War Loan.

Holders of any of the fellowing securities may use them as payment for the new War per sent. War Loan ;

par cent. Exchequar Bonds, due October 5th, 1919 300 1921 : per cani. Exchequer Bonde, due December

1at, 1920 ; 6 per cens Exchequer Bonds, due February 16th, 1920 Those who invest in the new 5 per cent.

Loan will receive £105 5s. 3d. of the new stock for each £100 shey convert. These investing in the new 4 per cent. Loan will receive exactly 2100 for each 2100 they convert. Holders desiring to convert the old stock into the new must give outles to the Back of England in the prescribed form not later than Februsry 16th.

(d) Some Other Points.

1. Applications must be for sums of 250 or multiple thereof, and will be received at the Bunk of Regland Lones Office, or may be forwarded through any backer or elookbroker

to the United Kingdom.

2. Income Tax on the 5 per cook. Loan will not be deduced to be son as, but will be be paid by recipients in the ordinary way.

3. Iterahuents may be paid up in fall on or after Harch 2nd of this year under discount at the case of 4 per cont. per some, extendated from the date when the sext testation of the date. 4 The Loan may be preclased in the form sitter of Stock or hords. The B add will be tared in decomination of 250, 2100, 2200, 2500, £1 000. a d £5 000

5. The lists will work on Webraary 16th.

(e) Past Office lesso.

Thorn who hald garder separaties of the

kinds named above, regiment or issued through the Pees Office, can only convert them into new War Loan through the Post Office, and under the Post Office prospectus.

It will be seen that the Lose is an attractive

one, offering a good rate of interest, and at the same time, by its method of lastsiments, making the way easy for many investors who, without some such arrangement, might find it difficult to take up the stock.

Is should be noted that the Treasury will

set saide money with which the Government will buy back Loan st ck if its market price falls at any time below issue price. This will,

of course, tend to prevent depreciation.

Meanwhile, for those who are unable to make any investment, even under the comparatively easy conditions of the Loan, there remain the War Savings Certificates, as before.

The National War Savings C muittee has

placed its organization through us the country under the direction of the Chauceller of the Exchequer for the purp se of furthering the War Loan campaign. Local War Savings Committees may be applied to for information on any point connected with the Loan.

# The War Loan: The Note of Confidence.

One of the best things about the new War Loan is the absolute confidence which every-body appears to feel as to its success. The note has been one of assured certainty from the first moment. The apt title of the "Victory Loan," coined for the new issue almost as soon as it was expected, has a double manning. It is the Loan that is to bring victory, and, because of this, it is in itself bound to be a triumphant success. It is as if people looked upon it as almost a sentient thing, conscious

of its mission, and resolved that it will not fall.
This is as it about be. Yet, since optimism now and then defeats itself, a word of warning may be set down. We optimism should make any of us forget that any by individual effort. any of us torget that any by individual effort can the expected success be realised. A faith that all is guick to be well does not make things move automatically to the goal, and a faite divorced from works would in this matter and in failure just because everyone thought success so certain best they folded their hands.

What is useded in the case of the Loren is plenty of optimize, but nothing of fatalism. The Loren will be a success if we make it as plenty of opinioniar, our mathing of mablism. The Luan will be a success, if we make it so. Each one, not it is has brought whatever contribution is possible to him, had better be not optimistic, but apprehensive, feeling that the lack of what be might have offered may endinger the whole thing. That may he are exaggeration, but it is better than the myllimian which simultable last things on, and the symula. which simply late things go. And the sum of the matter is: " Be on confident of what saw is done by a whole nation doing its Seat, filling an date and han the chance of whates it a manual to

Practice Real Economy by joining Howson and Reay's Clothing Club. - Full particulars at Teesdale House, Barnard Castle.

#### THE WAR ON ALCOHOL: PRACTICAL SUCCESTIONS.

To the Editor of the " Tessdale Mercury." SIR,-The Rev. J. Hawking falls to populish liminities, but keeping to a to and some surfaces airly avoid them the while he tries to capture the unwary by a same them and a pinch of sanff. Never a word did be venchasts on the bar of the "House," the canvalescence of the King, or, to bim, the perverted tasks of our Premiers. Well, well! I was at once pulled up if I failed in giving medical authority for my assertions, but, having does so, I am simply fold that opinions differ, but we know that. I admitted it. There would have been no correspondence on this subject had it not been so. I regret that my last letter abould have been as linged with melancholy as to have depress d him. Let me

cow toy to the rain to with semeshing more than quickling or more by-olay. Prohibition is not obligators, because a depreved minusity, corner man, leafars—there who have warely done a house, day's work is their liv s, man attract d by a high wag-disturb the gameral harmour and but he working machine out if gear. These are the people to runish and problinit. Probletion has been a faller other vertical. The history of the succilied "dry" states of America, so for as it relates so this subject is that of eventor, deceir, smaggling, and frant. Any coprejudiced acjourner to above states with assure you that alonguiter and always be obtained by a smile, a wick, or an excess in any drog serve. Better an open face than a deceifful tongue. Partial prohibition has had like results here. Doctors' cost fits the are, comparatively, as abused in some licensed because Treasury notes. It is admitted that the border district, under state control, is smong the bad leads the barren patches.
Prohibition would mean a great loss of rovense at a mement whom every peony is seeded. would certainly lead to a great distributes of the labour marks, and a "downing" of tools when the fato of the Empire hangs in the balance. Restricted hours, or partial prohibi-tion, has given certain shops the time of their lives. Intemperance has been thrust upon bome life. Let the Rev. J. Hawking road the Portaigned of the dangers of the situation. Force, here, is no remedy. Such is the wilfulness of man that in Russis under prohibition, degenerates here of sales incoselves with entries Cologue, meinylared spirit, varnish, and various other budy-and-soni destraying drugs. Better a glass of good, wholesome beer and a social pipe in the chimney corner.
The Clyde petition was "worked" by the

"Strongth of Britain" movement. That organization openly advertised that workman shouted "down with the public-buse." No place was specified, and nothing was ever advanced to correspond a mon a mistement, but the charge of the Masters' Sederation was at once repudiated by the mes. I will make the Ray. J. Hawkins a present of this: We est and deink fae tou greedtly. I will go farther and any that drunkenness is a detectable vice naworthy of a Britisher, and inexcessible to a But personal fraedom is above anget ASTAGO. Thousands of our best soil bravest are giving their lives to preserve it. It was the signed attemp of importal Cours. But I was freeborn! It is ours to-day. To root out a wise you must first ary to get at the mone of is. Original sin, hereditary tatal is not enough otherwise we would still be in the stone age. Leaden skins, and dened solin, and an ever-varying climate seem to demand the stimulating and choosing effects of alcoholies. But man, the wide world over, have to them. You eee a farmer timing his soil. He is not no much applying plans food an liberating the latent energy stored to his floid. For butter or worse we have become an industrial people Has the Rev. J. Hawkins ever seen a man, caked to the waist, throwing huge chunks of cig iron into a furness? The awest pours rig ire into a furns: ? An awar norm down him. At the ear of his wilfs he is brain-inged and muscle wear. He fill has a store of more plant, but it no de lib rating Alophol a the gent for doing it. He can now walk home and enjoy his dimer. The hard mechanical gried, he deing of a tike jub, day by day, ah a like muchine pulls a man His visity often it is now. Alcohol, in moderation, see from his reserves of strength. If there is saything olse equally effective, let those win decry algebal bring is forward.

Then there is the workman's howe. In our great towns how many can be termed such? 1. The 5 per cost. Loan may be taken up in smaller amounts -25 or multiples thereof.

Nothing but a brok-yard, with everywhere a barrier of brinks: not a yard of ground to divert his about for his children play. Go and look inside these homes of the great Eaglishman, and then tell me if it is any wonder he should turn from it to seek warmth and social obser claewhers. If you won's change all this, and if you won's life him out of himself, don't stand in the way, as you prohibitionists have so long some, of all improvements to the public-tones, but give up the impractical and impracticle, and make his only house of rout as song, as cheery, and as recreating as you can. - You's truly,
WILLIAM STAMES.

9, Milton-street, Wess Esrelepool, January 12th, 1917.

#### The Drink Problem. To the Editor of the " Torsdale Mercury.

Sir, - Your correspondent of Wednesday, the 3rd instact, has cartalaly "the gift of the

ander menth," but will the truth is "at the last it bit the like account, and stingeth like an adder." But surely your correspondent could give another side to the question. Has he heard of the " whirky queue " in the big olties during Christmus week? The Researchulders themselves describe these happenings as must regreterite. Home I give a coulding from the leading article of a scottich daily paper, which speaks for itself:—" The demand for some measure of problement during the war has been strong lend by the decision arrived at by the Municipal Conference neld at Edinburgh pertendar. It is secreely to be imagined that the Colombia decision of the representatives of the larger Scottish municipalities representing an they do a large majority of the people of Scotland—can be set saide by the Government or allowed to pass unbesided. The demand made is for the probibition of the sale of ardees spirits during the war, and if the Government causes see their way to carry this policy into effect, they must at least before increasing what they are

bang dant work teum seebnequennen suo? and railway transport facilities are largely engaged for the tracell of beer and spirits with the result that the transit of war unitarial is estimate impeded. The drick trade in its modern form is a damnable canker esting at our national life, and seriously impriring our energies. Engagestions tro war, but true it ever, and may for all wested and private formests continued. Mon in other trades have excelled shell capital, and in total of thousands of cases their very life blood. Modification who recommend that pushing of the private and verted interests of this fixed also seconded that every men win the for the King and country models of the mapping of the blood that the blood the blood the blood that the blood the blood that the blood that the blood that the blood that

prepared to de. A colution of the problem believ the demand asset by much longer

have held it - be paid the full value of such interests (vested and private) given to the State? If the drink traffic in its present form was felt for Mrs Coates, the widow, who was is proved an evil and a danger to the nation's unable, in the climatic conditions to attend welfare it must be destroyed. - Yours, etc., B. the funeral. The hearse and mourning coaches sympathy shown to them in their sad and Kilmarnock, January 15th, 1917.

# The Temperance Question.

To the Editor of the " Persons Merenzy," Dear Sir, - Mr Stamer having repeated of his heaty resulve to give on ap as a hopelem case, I must in courtery add a forther word. I will pay Mr Stamer the compliment of stating that I believe him to be quite expalle of dealing with two or even three opponents—there are surely two or three Mr Stamers. The sturdy champion of individual rights and thereties, who loudly claments against any interference, can scarcely be the same gentleman who is more than mildly enthusiastic about the appointment of a "dictator." If, however, there should be but the one Mr Stamer, who not only approves of a dictator but will even help him to dictate, so long as it is only my becisteek and not his beef in question, then, of course, the difficulty of debating the subject before us is apparent to averyone. I am serry I cannot accept the degmatic estatement that no chemicals are used in the manufacture of also holic liquore. I hope Mr Stamer may be induced to supple-DEAR SIR,-Mr Stamer having reproted of I hope Mr Stamer may be induced to supple coat his brief reference in my assertion. I so, I may have nomething further to add.

But I am must anxious to join issue as to the value of alcohol in the physical system. This sannot be discussed at all fully in a letter or two, and I trust Mr Stamer will stick to his guis. Sir Frederick Traves states: "Thore is a great desire on the part of men to be fit. young man connot be fit if he takes alcohol. By no possibility can be want it. No one who is young and healthy can want alcohol say is young and senting the want stocker. The late mure than he can want strychning." The late Sir Andrew Clark, M.D., physician to Hor Majnaty Queen Victoria, says: "Perfectly good health will, in my judgment, always be injured even by small down of alcohol." The same authority declares "Alcohol is a poison, so is strycholos, so is arsonic, so is a pelson, is racks with these agents. Realth is always in some way or other lejured by it," Sir Thomas Barlow, M.D., K.C.V.O., writes: "Wine is not, as is supposed, 'the milk of the agod.' It tends to produce carding weakness, musculas and rhenmaite pains, and deterioration of the fine arterioles and blood vessels. Alcohol is also responsible for much insuntry and mental disorder." Sir Victor Horsley, F.R.S., F.R.C.S., etc, and Dr. Mary Sturge, M.D. (London), write: "Fraquent attempts have been made to accertain whether there exists a minimum dose of alcohol which a man may take without being affected to any disadvantageous way, and, in accordance with the sheady advange of scientific opinion on this matter, smaller and smaller amounts have been suggested as permissible. In reality we have no proof that a minimum and permisalble does exists at all."
To quite Sir Frederick Troves again: "As a work produces alcohol is exceedingly extrava-gant, and, like other extravagent measures, it is apt to lead to physical bankenptey. It is well known that troops cannot march on sloobel. I was with the relief column that moved on to Ledysmith. It was an extremely trying time, apart from the heat of the weather. In that column of some 30,000 men the first was dropped out were not the tall men, or the short men, or the big men, or the little men, but the drinkers, and they dropped out as clearly as if they had been labelled with a big letter on their backs."

Alcohol, as Mr Stamer asserts, may be easily

summiliated, but that is no print of its food value. Dr. Buckner says: "Alcohol kills the largest number of victims by ambush as it were, in that it underculves the power of resistance to sickness, so that the apparently quite temperate drinker succumbe to a lung inflammation, or an infectious the sound, normal body usally overcomes. Perbaps we may have an opportunity of discussing alcohol in relation to metabolism and exidation. The late Sir Spincer Wells, Bart, M.D. F.R.S., says: "It is only lately we have begun to regard alcohol in its true light as a drog and rest as a food." Sir James Barr, M.D., states: "Alcohol is not a food in the proper acceptation of the word. It is a sedative." I cannot better conclude thin preliminary capter than by again quoting the late Sir Andrew Clark: "As I worked at the hospital wards to-day, and saw that seven out of every ten owed their discuses to alcohol, I could lament that the teaching about this question was not more direct and more socieive than it has been. I am disposed to give up my profession, to give up avarything, and to go forth upon a boly crusade preaching to all men. Beware of this enemy of the race. Very truly yours, F. G. GATEHOUSE, Cobden House, Barnard Castle, January 16sh, 1917.

# Alcohol and the War.

To the Editor of the " Tecadale Mercury," SIR, - Your correspondent, Mr Hawkins, quotes Sir Harry Juhaston to the effect that the objects of our seddens in France have frequently been frustrated through over-indulgence in alcohol. Hack statements seem to be sailing very near defining of the Defence of the Realm Act, even if they are not absolute antroth. I would recommend him to pushes the words of Lord Prench, who says that, in his apicion, "the Settish solder has very extraordinary moval apiris and power. I cannot in any other was explain the almost supernatural courage and endurance they have shown in the field throughout this wer. It is only those who have served with the troops who know how torrible has been their ordes!, and how their courage has been tried. It is tise men in the troncers who have saved this country from disarter, and that is a fact in a

the country will never forget."

As for probibition and its prospects, the Chairman of the Central Control Board tage: - The Board tries so steer an orma course between extremists on both sides. Up to 19 5 there had been no real progress in the cause of temperance for 300 years, cale fly because of the violence of testotal advocates, who were as oulpshie as the most selfish browers. Prohibition has proved a failure in certain of the United States of Americs, and there is no reason to expect better results here."

No doubt we all agree that temperance is a No doubt we all agree that the self thingsdesirable thing-temperance in all thingsbut we have no use for fanalicism - I am,
yours truly, J. H. BOURNE. yours truly, J. H. BOURNE. The Green, Cotherstone, January 16th, 1917.

It is a matter of regret that we can, in the It is a matter of regret that we can in the future, publish an more long letters on the above or any other subject, array on most urned and pretting matters, the reason being the we shall not have the pace as our disposal owing to array now completed for reducing the size of this jurnal furing the continuance of the war, after baving posts drawn of for military garder and the page and in the chief course. For mondations are the form causes. For succincioness the letter of Lord Bornard is a model. - Su J

#### Funeral of the tate Mr Coates, of Long Green.

The remains of the late left Coates water inferred in Barninguam oburcay of be Briday afternoon Canea Cough very reversally Friday afternoon Caten Gough very reverently officiated. The cutef mon room wore his hideay Coates, non; Mr and Mrs Walte, Mr and Mrs Davidson, Mr and Mrs Allicha, cousin-lew and caughters; Mr and Mrs Cuates, brother and sister-in-law; Miss Coates, sister; and high Nicolam, the Coates, sister; and high Nicolam, the Cates the wides, who were the wides.

were supplied from the King's Head mews.

# UPPER DALE NOTES.

#### [BY OUR OWN CORRESPONDENT]

In the list of subscribers for the Farmer's Red Cross jumble sale at Middleton we omitted to include Mrs T. Robinson, 2s. 6d.; In Red and Mrs Plews, 2s. 6d.

continuous snow-storm has prevailed in Teesdale over a week the roads being blocked up the dale, and outdoor work almost at a standstill. A large number of sheep have having been overblown, some flockmasters about 100 to be dug out. Owing to the scarcity of young the dale for work, farmers have had a most anxious time.

A number of deaths have occurred during ast week. Mr W. Ward, proprietor of the Ward, proprietor of Cleveland Arms Hotel, passed away on Sunday week after a long and painful illness. The deceased gentleman was 55 years of age, and had been blind for some time. The interment took place on Thursday, in St Mary's church-yard. amidst every token of respect. The late Mr ward was a freemason, and a large number of the craft attended the obsequies. Miss M. E. Collinson, only daughter of Mr and Mrs Wm. Collinson, Grouse Lodge, Lune-

dale, died on Tuesday sen, at the early age of 17 years. She had been in declining health for some time. The mortal remains of the deceased lady were laid to rest in Laithkirk young churchyard on Friday. In spite of the stormy weather, a large number of friends gathered to pay their respect. The Rev. C. Pettier conducted a service in the Primitive Methodist Chapel, and also officiated at the Mrs Tamar Tinkler, Dale-terrace, Middleton, an old and respected inhabitant, passed away on Wednesday afternoon at the age of 72 years. Her husband predeceased her 27 years ago.

predeceased her husband years The interment took place on Sunday afternoon churchyard, amidst Mary's manifestation of the deepest regard. The death took place on Saturday morning of Mr Thomas Watson Swinbank, a well-known and highly respected farmer, of High Skears,

Middleton. The deceased gentleman, who was 64 years of age, was a bachelor, and was of a genial and kind disposition. He was interred yesterday in St. Mary's churchyard. The result of the annual billiard in connection with the Mechanics' Middleton, was as follows: 1, Mr J. Mr G. G. Morton: 3, Mr J. Allin Institute Mr G. G. Morton; 3, Mr J. Allinson. result of the domino knock-out was:

Mr Mark Jackson, of Dirt Pit, had his collar-bone broken on Saturday week whilst following his employment in the erection of a large motor shed at Middleton for the Hedworth Barium Company.

Master W. Simpson; 2, Mr J. R. Watson.

#### Pound a Week for a Discharged Barnard Castle Soldier.

Pension Wrong Righted. The pension authorities have taken action in the case of ex-Private James Donoghue, a discharged soldier, who is in Wigton (Cumberland) Workhouse hospital. Donoghue is one of five soldier brothers, one of whom was killed and two others wounded. He entered the army as a drummer boy, and fought at Neuve Chapelle and Armentieres, was badly gassed, and discharged with 8d. per day pension. This was afterwards stopped, himself a physical wreck and a wife and three young children to want he was received into the workhouse. The Wigton condition the workhouse. The Wigton guardians approached the War Office and the Speaker. who is member for Mid-Cumberland, with the result the Commissioners of the Royal Chelsea hospital have now awarded Donoghue £1 per week for twelve months as from March last.

#### **Dyspeptics Should Avoid Drugs and** Medicines.

# Try a Little Magnesia Instead

Some people instinctively shut their eyes to danger, and it may be that instinct, or custom, habit causes dyspeptics to take drugs, patent or hat and medicines, artificial etc. But closing their eyes does not banish the danger, and it is certain that neither drugs nor medicines possess the power to destroy acid in the stomach, which is the underlying cause of most forms of indigestion and dyspepsia. They may give temporary relief, but ever-increasing quantities must be taken. and all the time the acid remains as dangerous as ever. Physicians know this, and that is why the usual advice now given to sufferers from digestive and stomach troubles is: "Just get digestive and stomach troubles is: "Just get some pure bisurated magnesia from your chemist and take half-a-teaspoonful in a little water immediately after every meal. This will instantly neutralise the acid and stop all food fermentation, thus enabling you to enjoy hearty meals without experiencing the least pain or unpleasantness afterwards." enabling you pain our readers will welcome this advice, and as the bisimated magnesia is obtained locally of Clarkson Harker, the Baliol Pharmacy; E. G. Clarkson Harker, the Daniel Hallsley, Holdsworth, 8, Horse-market, T. B. Illsley, Market-place, and R. W. Raine, Market-place, Middleton-in-Tesdale, the Barnard Castle; and Middleton-in-Teesdale, there should be no difficulty in giving the preparation the thorough trial it deserves.

# Replaces meat and Eggs!

Shredded "ATORA" Beef Suet makes the lightest puddings and pastry and the creamiest milk puddings. No skin, no lumps, no waste. I lb. equals 1½ lb. raw suet. Always fresh. Ask your grocer for "ATORA" 1 lb. boxes, 1/2; ½ lb. 7½d. Refuse substitutes.

# BIRTHS, MARRIAGES, AND DEATHS.

GIBSON - BORWELL - On January 13th, 1917, at St. Mary's Church, Barnard Castle, Charles Robert, eldest son of Mr and Mrs Thomas Gibson, Hauxwell Grange, Marwood, to Lilly, only daughter of Mr and Mrs John Borwell, Star Hotel, Barnard Castle (by special licence).

# Deaths

SWINBANK. - At High Skears, Middleton-in-Teesdale, on January 13th, Thomas Watson Swinbank, aged 64 years. - Was interred at St. Mary's Church, Middleton, on Tuesday, January 16th.

- At Bridge-end, Startforth, January PEDEN. 13th, Robert Peden, beloved husband of Sarah Peden. - Cortege to leave residence at 2.30 on Tuesday, January 18th. Friends please accept this intimation.

#### In Memoriam.

Wellman. - In loving memory of Staff-Sergeant F. Wellman, R.E., accidently killed on January 14th, 1916. - Never forgotten by his wife and children.

BAINBRIDGE. - In loving memory of Martha Dent, the dearly beloved daughter of James and Elizabeth Dent Bainbridge, who died on January 14th, 1915, aged 14 years. Just two years ago she left us:

How we miss her loving face!
But she left us to remember

None on earth can fill her place.

- Ever remembered by the family, 13, Oatsstreet, Ingrow, Keighley, late of West Field,

# Return Thanks.

Hotel, wish to thank all friends for kind sympathy shown to them in their sad and sudden bereavement.